

**Health Maintenance Program**  
(Blood Pressure & Blood Sugar Checks)

**ANTHONY AMALFE COMMUNITY CENTER**  
**(Formerly ROSELLE COMMUNITY CENTER)**  
**2016 Schedule**

|                 |                     |                            |
|-----------------|---------------------|----------------------------|
| <b>Thursday</b> | <b>January 21</b>   | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>February 18</b>  | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>March 17</b>     | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>April 21</b>     | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>May 19</b>       | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>June 16</b>      | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>July 21</b>      | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>August 18</b>    | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>September 15</b> | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>October 20</b>   | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>November 17</b>  | <b>10:00 am – 12:00 pm</b> |
| <b>Thursday</b> | <b>December 15</b>  | <b>10:00 am – 12:00 pm</b> |